



San Luis Obispo County – Behavioral Health Services

Estimated Demand for Behavioral Health Services

Range of demand for SLO County Behavioral Health services	0-19	20+	Total population	<200%FPL/Medi-Cal***
County population*	62,879	213,564	276,443	
Medi-Cal population**	22,162 (35.2%)	25,472 (11.9%)	47,634 (17.2%)	
Mental Health – children	12,576- 21,010			4,432
Mental health -- adults-severe/serious		10,302 - 12,173		1,452 - 4,544
Mental health -- adults-mild/moderate		43,140		5,154
Mental health – all			39,573 - 67,889	11,030 -15,698
SUD – children	1,666			524
SUD – adults		22,349 - 27,122		3,235 - 7,214
SUD – all			24,016	7,738

Based on Statewide and National prevalence estimates including CA Mental Health and Substance Use Needs Assessment, CA Primary Care, Mental Health and Substance Use Services Integration Policy Institute and CHCF California Health Care Almanac. Estimates may not add up due to different data sources.

*2013 Census ACS 1-year estimate

**October 2014 CenCal enrollment

***Assumes same prevalence rates for Medi-Cal as for general population



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San Luis Obispo County Behavioral Health Services Utilization

Provider	Community Health Centers	Holman Group (CenCal)	County Mental Health Outpatient	County Drug and Alcohol Services	Community Counseling Center	Cal Poly	Sierra Vista Hospital	Twin Cities Hospital	French Hospital	Arroyo Grande Hospital
Period	2014 (annualized)	2014	FY 13-14	FY 13-14	FY 13-14	2014	11/13 – 10/14	11/13 – 10/14	2014	2014
# MH contacts	8,510 SLO patients with MH diagnosis	1,833 authorized clients	79,854 contacts	71,653 contacts	1443 clients (include support groups?)		Outpatient: 584 pts with primary MH DX 325 pts with secondary MH DX	Outpatient: 573 pts with primary MH DX 448 pts with secondary MH DX		
# MH visits/clients/	SLO/SB 7,982 BH visits 3,599 patients	SLO 7,976 visits 1,537 clients with claims	3,972 clients received at least 1MH service 2,404 received 6+ services	2,318 clients received at least one SA service 1,506 received 6+ services	9,117 hours of service by 86 volunteer therapists	MH students seen by Health Services: 930; 1615 appts. Students seen by Counseling Services: 1804/6856 appts	ER visits: 393 Inpatient: 6 with primary MH DX	ER visits: 485 Inpatient: 4 with primary MH DX	ER visits: 1,482 BH visits Inpatients: 92 BH	ER visits: 2,016 BH visits Inpatient: 44 BH
Ave # visits per patient	2.26 visits	5.16 visits	20 contacts	31 contacts	6.3 hours per client (including admin/supervision)	Counseling Services: 3.8				



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Ages of MH patients	0-18: 8.1% 19-40: 34.8% 41-60: 40.9% 61+: 16.1%	0-5: 1% 6-18: 20% 19-64: 78% 65+: 1%	0-5: 7% 6-18: 37% 19-64: 52% 65+: 4%	0-5: 2% 6-18: 16% 19-64: 81% 65+: 1%	0-18: 27% Adult: 70% Senior: 3%		0-5: 2% 6-18: 9% 19-64: 75% 65+: 14%	0-5: <1% 6-18: 9% 19-64: 73% 65+: 17%	n/a	n/a
Spanish Language	[pending]	39 requests for Spanish providers	3,835 contacts 33,409 hours	n/a	28% Latino (Spanish speakers?)					

Notes: Holman (CenCal): may not include all CHC Medi-Cal BH services; Sierra Vista/Twin Cities: based upon BH primary and secondary diagnosis; French/AG hospitals: based upon analysis of ER intake log including presenting complaint and disposition.



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San Luis Obispo County Behavioral Health Services Staffing

Provider	Community Health Centers (SLO)	Cen Cal -- Holman	Cal Poly Health and Counseling	County Mental Health Outpatient staff	County Drug and Alcohol Services
Psychiatrist	1	7	2	2 + 6 locum tenens	
PhD/PsyD		3	15	2	
LMFT/LCSW	8	49	1	69 incl. interns and trainees	18
NP//PA		1		1	1
RN/LVN/LPT	?			12	8
SA credentialed					28
Psych NP	3	4			
Lic. Prof. Counselor	1				
MSW intern	2				
Spanish speaking BH clinicians	?	6 Masters level 1 Psychologist 1 Psychiatrist		15	(included in Co MH?)